

LEARNING

LOG (IOT)

1

At the end of each meet, fill out
the meet name, type and date.

2

Tick the boxes of the skills
you practiced at the meet.

3

Ask your trainer and referee to write their
name in the box to verify your learning.

Learner Name:	Meet name					
	Meet type					
	Meet date					
	Trainer's name					
Referee's name						
IOT a freestyle race						
IOT a backstroke race						
IOT a breaststroke race						
IOT a butterfly race						
IOT an individual medley race						
IOT a relay						
IOT from the start end						
IOT from the turn end						
Operate a back up timing button						
Complete a disqualification form						
Use backstroke ledges						
Use lap counters at the turn end						

Note: You don't need to have completed all skills to be eligible for assessment. Please print more pages as required.

Thanks for volunteering to become a Swimming New Zealand official. Competitions like this can't run without people like you.

Take this learning log with you to all meets, use it to record your experiences and bring it to your assessment conversation.

At the end of each meet:

- fill out the meet name, type and date.
- tick off the skills you practiced at the meet.
- ask your trainer and referee to write their name in the box to verify your learning.

Also complete the sections below to record what you learnt at each meet, including circling "Solo" if you were working independently or "Buddy" if you were working with a buddy.

Date:	Meet name:	Solo / Buddy
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What did you learn?

Date:	Meet name:	Solo / Buddy
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What did you learn?

Date:	Meet name:	Solo / Buddy
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Date:	Meet name:	Solo / Buddy
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What did you learn?

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