

LEARNING LOG (IOT)

1

At the end of each meet, fill out the meet name, type and date.

2

Tick the boxes of the skills you practiced at the meet.

3

Ask your trainer and referee to write their name in the box to verify your learning.

Learner Name:

Meet name

Meet type

Meet date

Trainer's name

Referee's name

IOT a freestyle race					
IOT a backstroke race					
IOT a breaststroke race					
IOT a butterfly race					
IOT an individual medley race					
IOT a relay					
IOT from the start end					
IOT from the turn end					
Operate a back up timing button					
Complete a disqualification form					
Use backstroke ledges					
Use lap counters at the turn end					

Note: You don't need to have completed all skills to be eligible for assessment. Please print more pages as required.

Thanks for volunteering to become a Swimming New Zealand official. Competitions like this can't run without people like you.

Take this learning log with you to all meets, use it to record your experiences and bring it to your assessment conversation.

- At the end of each meet:
- fill out the meet name, type and date.
 - tick off the skills you practiced at the meet.
 - ask your trainer and referee to write their name in the box to verify your learning.

Also complete the sections below to record what you learnt at each meet, including circling “Solo” if you were working independently or “Buddy” if you were working with a buddy.



Date:	Meet name:	Solo / Buddy
What did you learn?		

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